


Subject: PE Year: 1 Term: Autumn 2	Half Termly Theme: Myself Preparing for Adulthood thematic Overview: Relationships and People Dance: Responding to Music (Unit 1)	
	Link to Prior Learning: Development Matters – Physical Development Manor School Pre-requisite PE skills	
Context:	This unit introduces pupils to using the school hall and interacting with their own bodies in this wide open space. Pupils may not have had prior experience of such a large space without toys or activities to play with. Pupils will need practice to moderate and control the way they use their body in the space. Pupils will need adults to model to them how to adjust their pace and how this can be done in time with the music. This unit should give pupils the opportunity to experience lots of different types of music and explore the many ways they can move their bodies as the music plays.	
Knowledge <i>(Includes exploration opportunities for early learners – based on the 5 lenses of engagement)</i>	To explore moving their body in space and in relation to others To explore moving their body in different ways changing the pace To know and understand the phrases stop/ go To know and understand the phrases fast/ slow	
Skills <i>Please see subject specific skills ladders for further detail and personalized skills</i>	All: To move around a space in any way Most: To move safely around a space in different ways Some: To move in simple ways to respond to the music e.g. fast vs slow/ stop vs go/ heavy vs light	
New Vocabulary:	Stop, go, fast, slow, walk, run, jump, stretch	
Possible Adaptations:	<i>Musical statues games with support vs musical statues games independently vs altering the speed/ types of movements when the music plays</i> <i>Moving in anyway vs moving in different ways vs moving in response to a story told over the music e.g – being autumn leaves on the breezy</i>	
Curriculum Links: e.g. National Curriculum /PfA/ Careers/ SMSC/ Financial Education/ Rights Respecting Schools	Explicit links to the Myself theme and understanding body parts Links to Development Matters – “Clap and stamp to music” Working towards PE Key Stage 1 National Curriculum – “Perform dances using simple movement patterns” UN Rights of the Child 29: I have the right to an education which develops my personality, respects for others’ rights and the environment – It should develop my personality and talents	